

RELIEF NURSES NEWS

BUSHFIRES EASTER AND ANZAC'S

I must apologize for the lateness of this newsletter. A busy work schedule and increasing business demands have conspired against me. As it is, time does get away from us all. Easter has come and gone, and we are well into this year's second quarter. I hope you all had a good Easter, observing this religious time of death and rebirth with family and community or, as is becoming more common with the younger generations, a short break from life's demands. I know many with young families were busy over this period in April, as it coincided with the end of school term holidays, making it difficult to book in for placements with the agency. Even with the poor financial climate in NSW there is still much work going for agency staff, and with winter fast approaching, this will only increase. So book in early with your availability to allow us to place you for the work you want.

Cheers Gabe



All agency members are reminded to update us and any placement areas of changes to their years of service — it's your money, don't lose it needlessly!

A THOUGHT ON ANZAC DAY

It was pleasing to note that the Anzac spirit was very much in evidence. Australia has had heroes and courageous efforts on the battlefields that have been contested during wartime, but the recent Victorian bushfires showed a willingness to do what was needed, at a grassroots level, that was dogged and determined. From the CFS and SES personnel, to Police, Medical and Nursing staff and to ordinary civilians, the spirit of the Anzac's hovered overhead, shining brightly.

Please... always carry your registration/enrollment with you on placement and provide the agency with a current copy when renewed. Thank you.

HEALTH SCARES

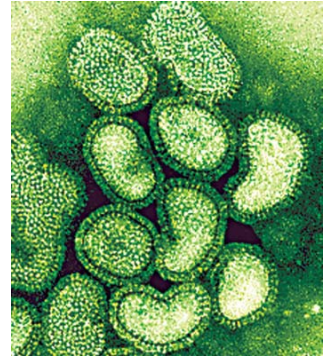
From international epidemics Pandemics ie. The latest swine flu scare, to the increasing domestic incidence of whooping cough, we must all be aware that uncontrolled disease can spread quickly, and that disease we thought banished can recur. Oddly enough, simple awareness of disease and effective hygiene practices are powerful tools to combat disease. Frequent effective hand washing, covering the mouth when coughing, limiting contact between the

sick and well are things that we can all do to limit the spread of disease in our community.

As Health Professionals, following infection control policies and guidelines in the workplace is your duty and responsibility. From wearing appropriate PPE to good hand washing technique and maintaining sterile fields to good aseptic technique, you control the incidence of spread of disease and infection.

Maintaining the highest

Professional Standards helps ensure the health and wellbeing of the people we care for.



Remember: We can be contacted by email anytime -

mail@reliefnurses.com.au

FUNNY BONE

Wiremu, a New Zealander, was in Australia to watch the Bledisloe Cup and was not feeling well, so he decided to see a doctor.

"Hey doc, I don't feel so good, ey" said Wiremu.

The doctor gave him a thorough examination and informed Wiremu that he had long existing and advanced prostate problems and that the only cure was testicular removal.

"No way doc" replied Wiremu "I'm getting a second opinion ey!" The second Aussie doctor gave Wiremu the same diagnosis and also advised him that testicular removal was the only cure.

Not surprisingly, Wiremu refused the treatment.

Wiremu was devastated, but with the Bledisloe Cup just around the corner he found an expat Kiwi doctor and decided to get one last opinion from someone he could trust.

The Kiwi doctor examined him and said: "Wiremu Cuzzy Bro, you huv prostate suckness ey!"

"What's the cure thin doc?" asked Wiremu hoping for a different answer.

"Wull, Wiremu", said the Kiwi doctor "Wi're gonna huv to cut off your balls."

"Phew, thank god for thut!" said Wiremu, "those Aussie bastards wanted to take my test tickets off me!"

